



*The Conservation Minded Club*

# **The Chum Bucket**

**MONTHLY NEWSLETTER**



**July 2020**

Six months of the year have passed, and many companies, including our club, have only really traded for three. Globally, the Covid 19 pandemic is gaining pace and according to the World Health Organisation, is not even close to being over.

Facts are still very much open-ended on what is true and what is not true about the spread of the virus. What I do know, is that it is here and some people are getting extremely ill from it. At this stage, about 1,8% of people being infected and falling ill, succumb to the virus.

The socio-economic fall-out from the ongoing locked-down saw our already fragile economy suffer its worst contraction in living memory. Our club was not left un-spared, and we already saw a massive decline in our trading in the weeks leading up to the hard lockdown, with all trading and income grinding to a halt on the 26<sup>th</sup> of March when the hard lockdown came into effect. Since the introduction of the Level 3 regulations, the JSE's all share index rocketed by more than 26%, its strongest quarterly rally in 19 years, according to Sanlam Private Wealth's Nick Kunze. So, all is not just doom and gloom.

Unfortunately, the damage is done and many people have been retrenched or lost their businesses. Many big businesses such as the Edcon Group faces financial ruin, and business such as Associated Media Publishing and Caxton Magazines who own, print and distribute popular magazines such as Rooi Rose, Cosmopolitan, Garden & Home and many more, simply closed their doors for business. Davie Roodt, a respected economist, said that today our economy is back to 1981 but with 2020 prices and 2020 salary expectations. The TERS/UIF benefit for April, May and June 2020 was a small form of relief and has been a blessing to those that received the benefit, without this many more would be unemployed.

As I mentioned earlier, our restaurant and bar had to stop all trading at the start of the hard lockdown and this has had a significant impact on our club revenue. Restaurants have been allowed to re-open since then, but serving alcohol with sit-down meals are still prohibited. We did look into the liquor off-sales option as allowed by the Level 3 regulations for establishments with an on-site consumption licence, but it would ultimately not be viable due to the immensely restrictive security procedures club members have to comply with when entering the harbour.

At least we are allowed to fish recreationally again, and many members have taken to the water since the restrictions were lifted.

We urge all our members to observe the prescribed Covid 19 protocols, adhere to the basic safety and hygiene practices and to please stay safe.

Regards,

Richard Donaldson  
Club Chairman



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## **PEDSAC AGM / Financial Year End**

Our Annual General Meeting usually takes place towards the end of August as required by our club constitution. At this stage, under the current lock-down level 3 regulations, this type of organised gathering is not allowed. We are only starting to see a very sharp rise and consequential impact of covid-19 infections which is currently spreading like wild fire, with the peak of infections expected to happen around October only. The committee will discuss this matter at the next meeting and we will advise our members on the best way forward accordingly.

The club is currently shut down with no competitions or trading taking place.

Our financial year end took place on the 30<sup>th</sup> June, and Denise is currently busy rapping all financial reports up in order for our club auditors to finalise and issue our draft financial statements as usual.



Off The Hook Seafood And Grill remains closed for now. We are busy engaging with Transnet Port Authorities on getting permission to resume limited trading once they approve our modified Covid-19 Safe Operating Procedures as prescribed by the Industry under Covid-19 safety protocols.



Our favourite watering hole remains closed until further notice.

### **Pedsac Re-Fuelling Facility**

We ask all the regular anglers to refuel their boats from our club facilities, as an increase in fuel sales will help contribute to our club's income, especially in these times where our club derives no income for bar sales. It also makes it easy and convenient for all boat users to top their tanks and split fuel bills between the crew quickly and conveniently. Fuel tags can be purchased from Denise and money can be pre-loaded onto your fuel account.

### **Suggestion Box / Email feedback.**

We encourage members to engage the committee with any suggestions or feedback via email. Please send to [denise@pedsac.co.za](mailto:denise@pedsac.co.za).

We can only improve the club based on feedback and suggestions we receive from our members.

After 4 rounds being fished, we had to close shop and suspend all further competitive fishing competitions. As the rules state that we only need to fish 4 rounds to complete the series, the final outcome will be calculated on the total points as at the end of Round 4. Please refer to the prize giving notice in this news letter.

## **The FORD Species Challenge**



The Ford Species Challenge has been cancelled until further notice. All entries received will be carried over to a new date that will be announced at a later stage.

## **PEDSAC Prize Giving**

Due to the current lockdown regulations prohibiting group gatherings for this type of event, we will not be hosting our annual club prize giving. We will however release a prize giving news letter where we will announce all the category prize and trophy winners, along with editorial feedback on each division of the “prize giving”.

## **PEDSAC Steak Nights**

The monthly steak nights was cancelled prior to the start of the lockdown due to declining support. A new replacement club event will be launched after the lifting of the lockdown regulation and when all club activities return to normal.

# *Recipe Of The Month*

## Jamie Oliver's Pork Belly & Roast Potatoes.

### The Pork Belly



“An absolute classic – the best pork belly recipes let this wonderful cut of meat speak for itself. ”

#### Method

1. Preheat the oven to its highest temperature.
2. Using a Stanley knife, score the skin down to the meat (try not to cut the meat), making the cuts very close together.
3. Bash the fennel seeds and a good pinch of sea salt in a pestle and mortar to a powder.
4. Tip the oil over the top of the scored skin, then sprinkle over the fennel mixture, and rub all over so that everything gets into the scores and down into the meat.
5. Roughly chop the carrots and celery, then throw these into a roasting tray. Break the garlic bulb up into unpeeled cloves, peel and chop the onions into large wedges, then toss into the tray with the thyme sprigs.
6. Put the seasoned pork belly on top of the vegetables in the tray, then roast for 10 to 15 minutes, or until the skin starts to bubble and turn golden brown.
7. Reduce the oven temperature to 170°C/325°F/gas 3, and roast for 1 hour 30 minutes. When the time's up, carefully open the oven door and pour in three-quarters of the wine. Cook for 1 further hour.
8. Remove the meat carefully from the oven and test to see if it pulls apart easily. If not, cook for a little longer. Allow the meat to rest while you make the gravy.
9. Put the tray of roasted vegetables directly onto your hob over a medium heat add, add the flour, then stir together until thick. Cook for 1 minute then add in the remaining wine – if your sauce is too thick add a splash more wine or water.
10. Using a potato masher, mash up the vegetables until you have a delicious thick-looking sauce. Cook for 2 to 3 minutes on a low heat, season to taste, then strain through a sieve into a jug.
11. Remove the crackling from the top of the belly and break up into pieces, pull the pork belly apart, and serve with the jug of gravy on the side, and a selection of seasonal vegetables.

## The Roast Potatoes.



We might pretend that a leg of lamb or chicken makes for a good Sunday or Festive lunch... but we all know that roast potatoes are what that can make or break your feast!

A perfectly golden, crunchy and fluffy roastie takes a lot of beating. And once you master this simple technique you'll have everyone asking you for the recipe.

### THE KEY TO PERFECT ROAST POTATOES

Firstly, choose the best variety of spud. Go for a floury, high-starch variety such as King Edward or Maris Piper, as these will give you really light and fluffy centres. Our next tip is to get your fat nice and hot before the potatoes go into the tray, as this will help the edges crisp up for that all-important 'crunch' when you bite into them.

As much as possible, keep your potatoes in a single layer in the roasting tray – even if this means roasting a second batch – as they won't crisp up if they're layered on top of each other. Lastly, take time to 'chuff' your parboiled potatoes by tossing them in a colander to roughen the edges. This will allow more fat to crisp up around the surface of your spud. Take this idea a step further by taking your spuds out of the oven 10 minutes early and slightly flattening them, before putting back in the oven to finish – this expands their surface area, for even more of a crunch!

### CLEVER TWISTS

Take your roasties to the next level by adding a couple of extra flavours into the mix. A dash of balsamic or red wine vinegar, from a spray-bottle, in the final few minutes of roasting will deepen the flavour and add a deliciously subtle tang.

Fragrant, woody type herbs work particularly well with roast potatoes. The recipe below uses sage, but rosemary, thyme and bay leaves are also brilliant choices. Pair with garlic and other citrus flavours such as shavings of lemon peel or clementine.

### ROAST POTATOES WITH SAGE & ORANGE

#### You'll need:

2kg King Edward potatoes

2 oranges

1 big bunch of fresh sage

6 tablespoons goose fat or olive oil

8 cloves of garlic

## Method

1. Preheat the oven to 220°C/425°F/gas 7. Peel and chop the potatoes into chunks, roughly the size of golf balls.



2. Parboil the potatoes in a pan of boiling, salted water for 10 minutes, then drain in a colander, shaking them to chuff up the edges.



3. Meanwhile, peel long strips of peel from the oranges using a speed-peeler, and pick the sage leaves.



4. Place the goose fat or oil into a large roasting tray (you may need to use two trays) on the hob over a low heat, add the unpeeled garlic, orange peel and sage leaves, then fry for 30 seconds.



5. Add the spuds and toss together until well coated. Place the tray in the oven, lightly crush the potatoes with a masher, and cook for 45 minutes, or until golden and crisp.



## **Covid-19 Information.**

### **Our Golden Rules at Alert Level 3.**

**Do everything you can to reduce the risk of COVID-19 transmission.**

1. COVID-19 is still out there. Play it safe.
2. Keep your distance from other people in public.
3. If you're sick, stay home. Don't go to work or school. Don't socialise. If you have symptoms of cold or flu call your doctor or Health line and get tested at **Port Elizabeth Provincial Hospital, Dr Howard Newman, HOD, 041 395 6152**
4. Wash your hands. Wash your hands. Wash your hands.
5. Sneeze and cough into your elbow, regularly disinfect surfaces.
6. If you have been told to self-isolate you must do so immediately.
7. Keep a track of where you've been and who you've seen

### **What are the rules about physical distancing?**

At Level 3 we can leave our bubbles and reconnect with close friends and family again under strict conditions. We still need to be careful and socialise safely to keep COVID-19 under control.

- Socialise with people you know and keep track of where you've been and who you've seen.
- When out in public keep your distance from people you don't know. Aim for 2 metres where possible.
- Do not gather in groups of more than 50 people. This includes taking part in non-contact sports, training and any form of play or active recreation.
- Sport and recreational activities as allowed under Level 3 permitted items, can't take place where more than 50 people are present in one venue, even if all Participants maintain a 1.5 metre physical distance at all times and all other public health and safety requirements are in place.

- On public transport don't sit next to someone you don't know – keep the seat next to you empty. There will be limited capacity, so limit your use of public transport at peak times if you can.
- If you have any symptoms of COVID-19 (cold and flu like symptoms), you should be staying at home, and you should not go to work, socialise with anyone or practice any permitted sport or recreational activity such as angling.
- If you are self-isolating because you have been tested for COVID-19, or have been diagnosed as a probable or confirmed case then you should not leave the house other than to seek medical attention

### **What if I'm somewhere that's very crowded?**

You should avoid places where it's difficult to keep your distance. If a public space becomes too crowded to maintain distancing (1.5 - 2 metres), you should consider leaving. This includes public spaces, shops, malls and sport fields.

### **What is a gathering?**

A gathering is a group of people who are intermingling, and includes both public and private activities, but does not include activities where people remain 1.5 - 2 metres apart (e.g. people at a playground or park) or activities undertaken on a business premises or curricular activities within an educational facility. Gatherings include parties, weddings, funerals, religious gatherings, etc.

Gatherings are not: offices or work sites (including professional sports, gyms), supermarkets, educational facilities, retail stores, cafes, public transport, hospitals, prisons, or malls (all of whom have their own measures in place to prevent transmission).

Gatherings are not people going to a public venue or for a walk or jog where other people are present.

For indoor venues like a shopping mall, there are guidelines for operating safely. There are two types of gatherings relevant to sport and recreation:

- Gatherings of friends – where everyone knows each other
- Lower-risk gatherings – where not everyone knows each other and therefore someone keeps records to enable contact tracing.

### **Do the gathering rules apply to our recreational sport?**

Yes. If a gathering is at a public or private venue like our club where boats get launched and retrieved (both indoor and outdoor), then the club committee is responsible for making sure that the following measures are met:

- There are no more than 50 people in any one gathering when anglers enter our club to sign the logbook before launching.



- Keep 1.5 - 2 metres between individuals or other groups of people who don't know each other unless the gathering is in a facility where contact details of attendees are being recorded in which case the distance is 1 metre.
- Keep a register of the contact details of everyone that attended if they do not all know each other. (The logbook at club will serve this purpose, so make sure that all details are filled in correctly.)
- People with cold and flu symptoms do not enter the harbour, or crew on boats.
- Surfaces at the club are wiped down regularly with disinfectant
- Facilities for regular and thorough hand washing with soap and water and drying, or hand sanitiser are provided.

### **Why are gatherings limited?**

In situations where people come into contact with each other, such as contact sports or contact activities, this is classified as different to settings where people can train or participate while remaining physically distant at all times. Gatherings are limited to 50 or fewer only for the allowed categories as stipulated under Level 3 lockdown regulations, to limit the risk of a viral spread to large groups of people. People managing gatherings need to have robust plans in place covering hygiene, sanitation, distancing and contact tracing.

### **Do I have to provide my contact details when I go fish?**

If a venue or premises is required to record contact details of persons passing through, then you must provide them. The club need this information so that if you are able to be contacted if there is a possible or confirmed case of COVID-19.

### **How do I know that it is safe for me or my children to attend and participate in sport?**

Each business, organisation or individual who is running a recreational sport activity must have a COVID-19 Health and Safety Plan in place. This plan sets out hygiene/sanitation and contract tracing measures specific to their facility and the activity being undertaken. If you would like to be sure it is safe to attend you can request to see the plan. If there is no plan the business or organisation should not be operating.

### **Do we need to maintain physical distancing when engaged in the recreational fishing activity?**

Yes, you need to maintain reasonable social distancing while engaging in your fishing activity on the deep sea fishing vessel. Minimizing the crew load factor to the minimum will help ensure that there is sufficient space to maintain reasonable distancing between anglers.

### **Can I travel for inter-club sport?**

No, SADSAA has suspended all competitions until further notice.

### **How many people are allowed on the club premises?**

No more than 50 persons are allowed at any given time to be present on the club premises. The foyer where the vessel logbook is situated will be limited to a maximum of 2 persons to ensure sufficient social distancing of 1.5 – 2 meters.

Bathrooms will be limited to a maximum of 4 persons at any given time based on available ablutions and sufficient space to maintain social distancing of 1.5 – 2 meters.

### **How far can I travel for recreation?**

Inter-regional travel is not permitted for recreation. You are required to remain within your provincial borders.

### **Do I need to worry about keep records for contact tracing?**

When exercising or recreating we recommend you take note of who you have been with and where. For example, make a note of your activities and when. If going on a fishing trip with other anglers on a fishing vessel, someone in the group needs to record the names of the anglers on the logbooks and disclosure forms provided by the club on the premises prior to launching your vessel.

### **Should I clean my equipment?**

Where practical, this is recommended before and after each use.

### **Do I need to maintain physical distancing?**

Yes. To the greatest extent possible stay 1.5 - 2 metres apart from people you do not know. For example, when entering the club premises, do so in single file when approaching others and give them a wide berth when passing. You should also involve lingering before entering the club foyer or bathrooms to ensure that minimum persons are present to avoid unnecessary contact with other people.

### **Can we go boating / sailing?**

Yes, boating is allowed at Alert Level 3. This includes motorised boats, yachts, dinghy's and jetskis.

## **Closing**

Please feel free to mail any photo's of any significant or good catches to [denise@pedsac.co.za](mailto:denise@pedsac.co.za) or [richard@lmcservices.co.za](mailto:richard@lmcservices.co.za) and we will post them on our website and Facebook pages. All members are welcome to send us contributions for the next news letter and this can be mailed to the same email addresses provided.

Tight Lines

Richard Donaldson.  
Club Chairman