



Port Elizabeth Deep Sea Angling Club

The Conservation Minded Club

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Newsletter – October 2015.

Our days are getting longer and warmer and the time has come to start all our preparations for the Super 6 league scheduled to kick off at the end of October. Some beautiful Kob have been caught over the last 2 weeks, but sadly many fish have been found to be full of worms which are par for the course for Kob usually caught between September and December. Big Yellowtail have been caught on the Wild Side recently, with good catches of Miss Lucy being reported coming from the Ryi Banks.

It is also with great sadness that we learnt about the recent passing of Alfie Cadle at the age of 95. Alfie Cadle was one of Pedsac's original founding members, served on the committee in various positions many years ago and was a respected Springbok angler during the 1970's. His contributions to the club and sport will always be remembered. Our thoughts and prayers are with his family and loved ones.

MASS BOAT SAFETY DAY & ADMIN

The annual Mass Boat inspection day takes place on Saturday 7th November, from 07h00-15h00. As annual subscription invoicing usually takes place at this time, we will be changing the format ever so slightly in order to experiment streamlining the whole process. Invoices for Subscriptions will be invoiced at the end of October for everyone, and on Mass inspection day, those attending will then have to settle subs and the boat fees & inspection fees that they will be invoiced for on the day.

Mass boat inspection fees are R120 on the day, late boat inspection fees are R300.

Fee structures are on the website.

Just a reminder that 29 Meg radios are no longer in use, and that all vessels are to be fitted with a VHF radio in order to make use of the entry and exit at the Port.

Should you have any queries regarding invoicing, please contact Denise at denise@pedsac.co.za, or queries regarding safety issues, contact Keith Schmidt on 041-5816648.

Marlins Head Bar.

The Marlin's Head Bar reverted back to trading on Mondays again.

We encourage all our members and their friends to make full use of our facilities, bar and restaurant. The Up the Deck Restaurant will also be ready and waiting to serve any person or group who want to pop in at lunch time for a quick meal. Please feel free to arrange pub lunches for your colleagues, business acquaintances and friends.

Monthly Steak Night.

Our monthly steak nights are doing brisk trade and have become a firm favourite with the regulars. Please support our efforts and bring your friends and family to enjoy some good live music, even better company and a top quality steak to take care of those cravings.....o yes, don't forget the chilled frosties served from the pub.

Tickets cost R80 per person, and includes your 300 gram steak, sides and salad, as well as a R20 contribution towards a cash attendance draw, winner takes all.

Wednesday Happy Hour.

We are running a happy hour every Wednesday between 6pm – 7pm with specials ranging from double Brandy and Coke to selected beers and ciders offered on a buy one get one free basis. Meals will also be available from the Restaurant.

The happy hour is open for all members and non-members to attend.

Summer is here and we encourage all our members, friends and guests to make use of this offer to come down and enjoy sundowners while enjoying an unmatched view nowhere else to be found in PE.

Pedsac Committee.

We would like to welcome Ben De Bruyn to our committee after being co-opted as P.R.O. officer after the position was left vacant after our recent AGM.

Pedsac Junior Development Day.

Pedsac recently hosted the junior development day workshop on Saturday, 3rd October 2015.

We hosted 18 kids between the ages of 7 and 16 years of age. We kicked the morning off discussing species and bag limits, conservation efforts, environmental efforts, fishing knots and traces and finally, bait preparation and presentation.

We took all the kids out to sea and fished between the bell buoy and Pine Lodge for a few hours. The kids had a ball and hopefully some of the lessons taught will be remembered. We will post some pictures on our website shortly.

Pedsac Kiddies Bank Fishing Competition.

We finally obtained permission from the Port Authorities to host the popular kiddies bank fishing competition after a 4 year absence from our calendar due to restrictive harbour regulations. The date for this family event has been set for the 14th November 2015.

We are planning a spit braai for that same afternoon, as well as providing jumping castles and / or foofy slides to keep the young ones occupied on what can only be described as a fun filled family day event.

Detailed information will be sent out via SMS and email.

Pedsac Super 6 League.

It is that time of the year when excitement starts to build in anticipation of the Super 6 league to kick off again.

All members will shortly be notified to attend a kick-off meeting where the format, rules and other possible changes are discussed.

We encourage all our members to participate in this fishing league, which consists of 6 competitions fished over 6 months usually held on the last Saturday of each month.

Some big prizes are up for grabs this year, as prize money was increased to help put something back into angling for our anglers benefit.

This competition also forms the stepping stone for any angler who wishes to come into recognition for club representation and ultimately obtain provincial colours.

Lee Cat E.P. Inter-club leagues.

The next Lee Cat League will be fished on the 17th October and will be hosted by Pedsac. Nomination forms were sent to all our members and the teams will be selected and announced shortly.

Did you know – Information on Kob distribution world wide.

The Kob family is one of the most widely distributed fish worldwide, but yet also happens to be one of the most targeted and heavily fished species worldwide.

Their predominant slow growth in relation with other species such as Hake, Yellowtail, Cod and other large scale fished species makes them far more vulnerable and less sustainable under the current enormous fishing pressure being placed on them.

Kob, is worldwide known identified under the scientific name of *Argyrosomus*. They have various distinct sub-species and I will briefly list each of the main family lines.

Argyrosomus is a genus of fish in the drum family, *Sciaenidae*. They are usually large fish, with the largest, *A. regius*, growing up to 230 cm in length. They are commonly targeted as game fish.

- ***Argyrosomus Amoyensis* (Amoy croaker / Bleeker)**



They can be found in the Indo-West Pacific: Persian Gulf and the Arabian Sea from Oman to western coasts of India (Ref. 3490); South China Sea and off Java, Indonesia.

- ***Argyrosomus Beccus* (Mini Kob / Snapper Kob / Fanged Meagre)**



Western Indian Ocean: known only from Durban Harbor, South Africa to Sri Lanka.

- ***Argyrosomus Coronus* (West Coast Kob / West Coast Dusky)**



Can be found from Gabon down to the Northern parts of Namibia

- **Argyrosomus heinii (Arabian Sea Bleeker)**



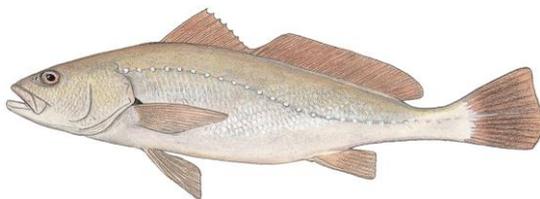
Western Indian Ocean: south coast of Arabia and the Gulf of Oman.
Closely related to the Squaretail Kob.

- **Argyrosomus hololepidotus (Madagascar Meagre)**



Endemic to Madagascar. Closely related to the Dusky Kob / Mulloway and achieves similar sizes and only distinguishable through genetic deviations and smaller tail area.

- **Argyrosomus inodorus (Mild Meagre / Silver Kob)**



Southeast Atlantic: Namibia southwards around the Cape of Good Hope and northwards at least as far as the Kei River in South Africa.

Note!! Between the Kei River and Agulhas – almost never enters estuaries and surf zones.
Between Agulhas and Namibia – Frequently found in the surf zone and estuaries due to cold water forcing them into warmer shallower water.

- **Argyrosomus japonicus (Mulloway / Dusky Kob / Japanese Meagre)**



Argyrosomus japonicus has an Indo-Pacific distribution occurring in coastal waters surrounding Australia, East Africa, India, Pakistan, China, Korea and Japan. Adults are gregarious and are found over soft bottoms mainly beyond the surf zone, occasionally going inshore. Juveniles are exclusively found in shallow water and sometimes move in to estuaries.^[2]

- ***Argyrosomus regius* (Meagre Fish / Shade Fish)**



Argyrosomus Regius is known to be the largest of the *Argyrosomus* families with the maximum recorded weight documented as 103kg.

They are found in the Eastern Atlantic: from Norway to Gibraltar and Congo, including the Mediterranean and the Black Sea. Migrated to the Red Sea via the Suez Canal.

- ***Argyrosomus thorpei* (Squaretail Kob)**



Squaretail Kob is endemic to the South African East Coast known to be found from Southern Mozambique down to Algoa Bay. Caught in waters from 30 meters down to about 300m. Can only attain a maximum size of 15 kg.

Wild Coast Abalone and the Tactical Task Force

A proposed abalone ranch between Schoenmakerskop and Cape Recife in Port Elizabeth was given the green light by the Department of Agriculture, Forestry and Fisheries in 2014. Wild Coast Abalone was awarded rights for 10-years to conduct experimental abalone ranching in the area.

"The Company that has been awarded the harvesting rights is a fishing company based in PE. Wild Coast Abalone's partnership in this initiative is as a service provider. They breed Abalone seedlings at their hatcheries based in East London and place these seedlings back in the ocean to grow out naturally. They have seeded well over 500 000 abalone in the Cape Recife area alone to date. Wild Coast Abalone M.D, Richard Clark says measures have also been put into place to combat poaching in the ranching area.

Wild Coast Abalone approached Pedsac about 3 years ago with the view of obtaining permission in joining our club to access our mooring facilities for their vessels which undertake the seeding operations. As this was a positive conservation and environmental initiative, we agreed to this request, but placed very strict guidelines in place to ensure that Pedsac will only be used for the seeding and conservation effort and that no anti-poaching operations may be conducted from our premises.

As a recreational angling club, we are proud to be part of their endeavours to restock and manage our coastline and help establish sensible and well controlled wild ranching methods, including their efforts to combat and control / eliminate the criminal element and poaching in that same process which has spiralled out of control along our coastline over the last 20 years.

"The ultimate problem with the entire wild ranching operation is that the poaching still continues to be a major issue and the poachers are still carrying on with the wholesale poaching of wild abalone along our coast.

Several companies have been tasked to look after the seeded abalone in the area between Cape Recife and Sea View. The view was taken by Wild Coast Abalone that it would be financial suicide to take on something like this without having strong presence in terms of protecting the resource, which now legally belongs to the ranching company.

The Tactical Task Force was established at the same time about 3 years ago under the leadership of Tom Swartz, who together with his well trained team work very close with DAFF, the S.A. Police and other stakeholders to look after and protect the abalone stocks along the Port Elizabeth coast.

The Task Team is extremely well equipped with the latest US military grade night vision and other equipment. They are extremely well trained in everything ranging from diving operations, hand to hand combat and firearms with many of the members being recruited from a military or similar background specifically for this type of operation. Of late, many articles have featured in the Herald reporting on some of the biggest perlemoen (abalone) busts in recent memory made by this team. They have placed local poaching syndicates under enormous pressure over the last few months, with many ring leaders arrested and equipment confiscated valued at millions of Rands.

We wish Wild Coast Abalone and the Tactical Task Force all the best in their endeavours to successfully continue with their Abalone seeding programs to ensure sustainable conservation and ranching of wild abalone.

Recipe of the month – Braaied Lemmon Pepper Yellowtail

Summer is around the corner and Yellowtail will be an abundant catch again. This game fish is delicious on the braai, but great care must be taken not to braai it too long and dry it out. This recipe is an old favourite of mine and sure is a winner with all who has tasted it.



Cook once...Eat twice!

Preparation and cooking time: Less than 1.5 hours

Serves: 4-6 (Depending on size of fillets / fish.)

Recipe Type: Mains

Main Ingredient: Fish and Seafood

Main Ingredients:

4 yellowtail fillets, (250g each), 1 tbsp capers, chopped, 1 tsp PnP lemon pepper

1 tsp thyme, sage and rosemary, 1 tsp garlic flakes, 1 tsp onion%20flakes

1 lemon, juiced, 4 tbsp nonstick olive oil cooking spray

Mix the capers, Robertsons lemon pepper seasoning, thyme, garlic flakes, onion flakes, lemon juice and olive oil together.

Marinate the fish fillets for about 30 minutes.

Braai over medium heat until just cooked through and the flesh flakes easily with a fork

Serve with braaiied lemon halves and a fresh green salad and a baked potato.

More ideas

Mix 250g of leftover fish with ½ cup of breadcrumbs, ½ cup of mashed potato and a ¼ teaspoon of Robertsons nutmeg.

Form into 4 patties and cook in an oiled pan over medium coals.

Serve with hot Portuguese rolls, tomatoes, lettuce and potato wedges.

Mix 250g of leftover fish with 150g cream cheese, ½ teaspoon of Robertsons parsley and 2 finely chopped spring onions.

Season well and serve with thinly sliced melba toast as a

starter or snack

Closing.

We encourage members to submit pictures and stories of their recent catches, as well as other interesting facts that can be used in this newsletter. Please send your pictures and stories to denise@pedsac.co.za or richard@lmcservices.co.za and we will post them on our website and Facebook pages. All members are welcome to send us contributions for the next news letter and this can be mailed to the same email addresses provided.

Tight Lines

Richard Donaldson.